

# The Iowa Legal Insider™

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## Volume 14

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Here is a picture of Beth and Corey after training at the Cordova tower on Red Rock Lake. It is 105 feet tall (169 steps) and after doing it 10 times in a row, they are ready for their next adventure. By the time you receive this newsletter, Beth and Corey will be taking on four 14er's (mountains at least 14,000 feet tall) in Colorado. The first day they will hike Mt. Sherman just outside of Leadville, Colorado, then onto Quandry Peak just outside of Breckenridge, Colorado and then on the 3rd day both Gray's Peak and Torrey's Peak which are located between Dillon and Denver, Colorado. For updates and pictures from their hike go to [www.JeepLaw.com](http://www.JeepLaw.com). For more information on 14er's go to [www.14ers.com](http://www.14ers.com).

## Would you like to win \$250?

How many hours and minutes do you think it took Corey and Beth to hike all four mountains? Log onto to [www.WalkLaw.com/Contest](http://www.WalkLaw.com/Contest) or call 641-792-3595 and ask for Abby to enter your guess. Include your name and address and the 2 people who are the closest will each win \$250. The answer and winners will be announced in our next month's newsletter.



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This month's  
Explore Iowa  
and Kids  
Corner fea-  
ture the same  
topic. Here

is a picture of Beth and Corey's kids at a little known park called **Woodland Mounds Preserve** in Warren County just outside of Indianola which has good trails and Indian burial mounds. To get there take Hwy 92 and go south on 213th St. just west of Sandyville. This turns into 210th St. when it curves on Jessup street and then you take a right onto Kirkwood. The park will be on your right hand side about one mile down the road.



At Woodland Mounds Preserve

Effective, Efficient Results.

# Keeping Children Out Of The Middle Of A Divorce

By Kathryn (Beth) Walker

New divorce clients are often surprised that they have to take a class called “Children in the Middle.” All divorcing couples with children are required to complete this class within 45 days of the divorce petition being served on the other party. While it may seem like a hassle, the essential message, keeping children out of the divorce, is a very important one. Divorce can be highly emotional and when emotions are running high, the children’s feelings are often forgotten. But children are greatly affected by their parents divorcing and if they are subjected to too much, it can have lasting results. As a divorcing parent, make sure to get the most out of the Children in the Middle class and be attentive to your child(ren)’s behavior and reactions. Work hard to put aside differences when the kids are observing your interactions with your spouse. No one expects divorcing couples to be best friends, but they should be adults. Think first and react later. Make sure you spend some extra time with your kids helping them feel safe and loved even though this is a tough time.



The Children in the Middle class is designed to teach parents how children will react, common ways children are caught in the middle of parent conflict, effective communication that will help children with changes during this period, and how to work together as parents even though you will no longer be an intact family. These topics sound fairly simple, but every day they are ignored as parents put the kids on the backburner and focus only on themselves and getting back at the other parent. If you are divorcing and have children, please consider their feelings and work hard to keep them out of the conflict.

**Preview of Next Month – Will Beth and Corey hike four 14er’s in three days and how many hours will they spend hiking?**

## Solve the Sudoku

		1						
					1	7	3	
7	9		2	8			1	6
				2			7	4
	4	9	3		7	6	2	
2	1			6				
8	3			7	2		6	1
	2	4	1					
						3		

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(answers on next page)

## Kid's Corner

Mom and dad took us to Woodland Mounds Preserve for a hike and to see the Indian burial mounds. We hiked through the woods, saw very pretty flowers and then saw some large mounds of dirt that were graves. It was a lot of fun spending time together exploring and after our hike we had a nice picnic lunch just before some thunderstorms came.

# Four Dimensional Planning for the Future

by AJ Peterson, President, Lone Wolf Financial Johnston, Iowa

When working with a financial advisor, clients usually are given strategies for asset accumulation and/or wealth management which is the traditional arena of the financial services industry. Our company believes in the philosophy that financial freedom is a process and cannot be built upon shortcuts, product-driven sales or creating a cookie cutter financial picture that is compiled with a narrow focus. Our goal is to revolutionize the financial services industry by offering Four Dimensional Planning working with our clients in the following areas:



**Wealth Management** – This is the sole area that many financial advisors focus on. A good wealth manager will present options beyond simple equity and debt mutual funds and discuss key concepts such as non-correlating assets, alternative investments, financial protection and income generation.

**Legal Matters** – Lone Wolf Financial has built a team of professionals (including Walker, Billingsley & Bair) to provide services beyond the scope of our expertise, such as dealing with legal matters. Wills, trusts and estate protection are all tremendously important and if not constructed properly can lead to serious financial consequences for you and your loved ones.

**Life Documents** – The concept of getting your house in order is one that many people do not have a grasp on. Organizing and updating your life documents goes a long way to relieve stress during the moments of greatest stress and emotion during your lifetime.

**Legacy Planning** – Many professionals can help you with your financial assets, but what about your emotional assets? Will there be a way for you to pass on who you are, your beliefs and your life lessons to future generations?

By utilizing the Four Dimensional Planning strategy, Lone Wolf Financial can provide financial confidence for business-driven individuals so they can do what they do best. We believe this strategy may allow our clients the greatest opportunity for them to create the freedom to follow their dreams in both their business and private lives.

If you would like more information on Four Dimensional Planning, please contact us at 515-252-2520 or email [aj@lonewolffinancial.com](mailto:aj@lonewolffinancial.com).

## Answer to Solve the Sudoku

6	5	1	7	4	3	2	8	9
4	8	2	6	9	1	7	3	5
7	9	3	2	8	5	4	1	6
3	6	8	5	2	9	1	7	4
5	4	9	3	1	7	6	2	8
2	1	7	8	6	4	5	9	3
8	3	5	4	7	2	9	6	1
9	2	4	1	3	6	8	5	7
1	7	6	9	5	8	3	4	2

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**TEMP RETURN SERVICE REQUESTED**

**How can you WIN \$250  
by Corey and Beth Walker  
hiking mountains?**



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**John with a rainbow trout.**

Last summer I had the opportunity to go fishing for trout with my law partner Corey in the Colorado Rocky Mountains. On a very beautiful but windy day we tested our fly fishing skills in a series of beaver ponds at about 8600 feet above sea level. Several hours passed with no sign of fish. Suddenly, a fish jumped, and a second fish jumped. The feeding had begun. We caught one fish after another. I had five, with one to go before I reached my limit. A sixth fish struck my line, and the fight was on. It was my best fish of the day. I landed it on the bank. It was a beauty. As I bent down to remove it from the line, it suddenly got off the hook and began to flop around on the shore. I tried to grab it but it wiggled out of my hands and back into the water.

I was disappointed. I thought that I was going to catch my limit. It was a big fish that got away. I cast my line back into the water. The fish weren't jumping anymore. The feeding time was ending. There was a small tug on the line, then slack, then another small tug. Suddenly the line went tight. I had a huge fish on the line. My pole bent to the point where I thought it might break. I worked the fish carefully without rushing. I enjoyed the fight. This time I landed the fish. It was the largest rainbow trout I have ever caught. It was nineteen inches long. As I sat on the bank of the pond in the gusting wind, I realized that if I had not lost the earlier fish, I could not have kept this one, because I would have had my limit. What had seemed like a failure was actually an opportunity for something better. This was the lesson of the fish that day.